

30 Frugal Living Tips

THE DO's & THE DON'Ts

- ALWAYS go shopping with a list
- Track your spending
- Know your prices before making a purchase
- Become a flier shopper
- Learn how to say no
- Buy used
- Make a plan for your money
- Wear stuff out before buying more
- Pay bills on time
- Be happy with less
- Challenge yourself to a spending freeze
- Use the library
- Walk more, drive less
- Utilize your freezer
- Make your own cleaners
- Find free activities to do

- Don't buy something you don't need **just** because it's on sale OR you have a coupon for it
- Don't make last-minute trips to the grocery store
- Grow your own herbs & vegetables
- Stop eating out so much
- Stop impulse buying
- Stop paying late fees & interest

- Start some side-hustles to make extra cash
- Sell your clutter
- Make things homemade
- Cancel subscriptions & memberships
- Lower your utility bills
- Plan your meals
- Use it up, wear it out, make it do or do without (seriously)
- Cut the cable